



lumenus
Community Services

Better Beginnings Now (BBN)



COMMUNITY ACTION FOR PRENATAL AND CHILD HEALTH PROGRAM (CAPCHP) PARENT TODDLER

AGES: 1-2½ YRS | COST: FREE

The **(CAPCHP) Parent Toddler** is a free weekly program for parents and their toddlers ages 1-2½ years old to learn and have fun. This program encourages positive interactions between toddlers and parents with opportunities to engage in age appropriate play.

Dates & Times:



October 2nd, 2026 - June 18th, 2027

FRIDAYS - 9:30am to 11:30am

Oriole Community Center

2975 Don Mills Rd W, North York, ON M2J 3B7

Contact Us:

- E-mail our department directly at: asasani@lumenus.ca
- Call our department directly at: **1 833 (499 3377) x4333**
- This program is sponsored by The Public Health Agency of Canada in collaboration with many organizations

Who is the program for?

- *Make your toddler feel loved*
- *Make your toddler feel safe to explore and learn*
- *Build emotional connections with your toddler*
- *Build toddler language*

Groups meet once a week ongoing:

- *Circle time*
- *Free play and socialization*
- *Healthy snack for children*
- *Discussion on various parenting topics*

Please remember to bring your indoor socks!