



COMMUNITY ACTION FOR PRENATAL AND CHILD HEALTH PROGRAM (CAPCHP) HOME VISITING

Are you a new parent in need of support in caring for your baby or young child up to 6 years of age?

- Do you want to understand how children grow and what they need to be healthy, safe, and secure?
- Are you new to Canada and far away from the support of your family and friends while you are raising your children?
- Do you need reassurance about being a parent?

If you answered “YES” to any of these questions, please feel free to call us for more information about our program.

Please note all the Home Visiting sessions are held in-person. Our catchment area is North York Northeast (Victoria Park to Dufferin and Steeles to south of Eglinton Ave).

For any inquiry please contact the following:

- **Armita Sasani** (Office Administrator): **1 833 (499 3377) x4333**
- **Halima Mubaligh** (Manager): **1 833 (586 3687) x4327**
- This program is sponsored by The Public Health Agency of Canada

Lumenus Community Services
155 McNicoll Ave., Toronto, ON M2H 2C1

How do Home Visitors help families?

Home Visitors...

- Invite parents to say what kind of parenting help they need and want
- Share helpful information about what children need to grow up healthy and safely
- Help parents to find community parenting classes, and other resources (e.g. ESL classes, play groups, food banks etc. close to their homes)
- Visit families in their homes or in nearby convenient locations
- Are experienced in working with families from many parts of the world and many cultures
- Encourage the strengths of children and parents

“I can describe the home visiting program as a big soft and colourful rug that helps families to land softly in a new country. Each family is like a colourful thread that is becoming part of the big picture on the rug. They enrich the whole picture with their uniqueness.”

- Family Home Visitor