































EMBODY YOGA AUCTION ITEMS MARCH 24th, 2024

Join us for a silent auction from 8-10am and bid on your favourite items!
All proceeds go to Lumenus Community Services
(Cash, Cheque, Visa, MasterCard or ETF accepted)

Item	Value	Description	Image
 Henry of Pelham Family Estate Gift Basket	\$60	Gift basket consists of 3 bottles of wine, wine opener, t-shirt, in a aluminum bin from the Henry of Pelham Estate, St. Catherines, ON.	
 2 "Talk to Me" Women's Bracelets from Ruby Wow	\$70	Handcrafted mental health inspired jewelry pieces from Ruby Wow Designs. Each bracelet has been individually stamped, punched and filed representing each person's unique qualities they bring into this world.	
 2 "I Will Listen" Men's Bracelets from Ruby Wow Designs	\$70	Handcrafted mental health inspired jewelry pieces from Ruby Wow Designs. Each bracelet has been individually stamped, punched and filed representing each person's unique qualities they bring into this world.	

 <p>Blue Jays Player Santiago Espinal Autographed Baseball</p>	<p>\$125</p>	<p>Signed baseball from Santiago Espinal from the Toronto Blue Jays.</p>	
<p>Nikon</p> <p>Coolpix L30 Nikon Digital Camera</p>	<p>\$150</p>	<p>The COOLPIX L30 is so easy to use, anyone can take great photos and videos with it. Just turn the camera on, point, shoot and marvel at the results. It automatically optimizes the camera settings for each shot, no matter how challenging the situation.</p>	
 <p>Float Tank Toronto Experience for Two</p>	<p>\$160</p>	<p>Floation therapy involves lying in a salt-water solution in a spacious tank. floation is also used to treat a wide range of ailments and conditions and has been proven to lower cortisol levels.</p>	
<p>JAYBIRD</p> <p>5-Class Pack From Jaybird</p>	<p>\$170</p>	<p>Jaybird is a Pilates studio located on Queen Street West. Classes are held in a dark, mirrorless infrared sauna room that focuses on connecting your mind, spirit and soul.</p>	
<p>Kiko Sounds</p> <p>Sound bath for Two from Kiko Space</p>	<p>\$220</p>	<p>A sound bath is an intentional rest practice through deep listening that bathes the whole body in waves of vibration. Participants rest on supportive pillows and are guided through a sound bath meditation located in the Parkdale neighbourhood.</p>	

 <p>Othership 5-Class Pack</p>	<p>\$245</p>	<p>Othership has quickly become a favourite way for those seeking a new way to refresh their mind and body with the age-old practice of alternating relaxing, hot saunas with ice baths that are believed to have a number of health benefits.</p>	
 <p>Great Wolf Lodge Waterpark Day Passes</p>	<p>\$350</p>	<p>Six waterpark passes for a day of waterpark play and large locker rental at the Great Wolf Lodge located in Niagara Falls.</p>	
 <p>2 Tickets to the Toronto Symphony Orchestra</p>	<p>\$350</p>	<p>Tickets are for seats in the Mezzanine or Left Parterre to any concert until June 26th 2024. The tickets also allow access to the member's lounge.</p>	
 <p>2 Canadian Opera Company Tickets</p>	<p>\$356</p>	<p>Tickets are for premier seats and access to the lounge at the Canadian Opera Company located at the Four Seasons Centre for Performing Arts. Can be used for any show until May 2024.</p>	
 <p>2 Toronto Maple Leafs Tickets for March 26th, 2024</p>	<p>\$360</p>	<p>The game is scheduled on March 26th, 2023 at 7:30pm at the Scotiabank arena against the New Jersey Devils. The seats are in section 311, Row 8, Seats 7 and 8.</p>	

 <p>One Night Stay at Radisson Blu Downtown</p>	<p>\$400</p>	<p>A one-night stay at the Radisson Blu Hotel located at 249 Queens Quay in Toronto. Blackout dates do apply and expires end of February 2025.</p>	
 <p>Apple iPad</p>	<p>\$600</p>	<p>Brand new iPad donated from Seamless Care Pharmacy.</p>	
 <p>Signed Mitch Marner Maple Leafs Jersey</p>	<p>\$600</p>	<p>Signed Mitch Marner Jersey with authentication card.</p>	
 <p>Angus Glen Golf Club Round for 4 People</p>	<p>\$700</p>	<p>Angus Glen Golf Club is located at 10080 Kennedy Rd in Markham, ON. The 4 passes are valid until the end of the 2024 Golf Season.</p>	