



**lumenus**  
Community Services

# BETTER BEGINNINGS NOW



## PARENT-TODDLER PROGRAM

### ABOUT THE PROGRAM

This is a free weekly program for parents and their toddlers ages 1-2½ years old to learn and have fun. This program encourages positive interactions between toddlers and parents with opportunities to engage in age-appropriate play.

Program goals:

- Make your Toddler feel loved
- Make your Toddler feel safe to explore and learn
- Build emotional connections with your toddler
- Build Toddler language

Program activities include:

- Circle time
- Free play and socialization
- Healthy snacks for children
- Discussions on various parenting topics

### DATE AND TIME:

#### THURSDAYS

10:00 am – 12:00 pm  
Edithvale Community Centre  
131 Finch Avenue West, North York  
Preschool Room

#### FRIDAYS

10:00 am – 12:00 pm  
Oriole Community Centre  
2975 Don Mills Road, North York  
Playroom

For more information & registration, call 647-529-4511 or [email: asasani@lumenus.ca](mailto:asasani@lumenus.ca)  
This program is sponsored by the Public Health Agency of Canada in collaboration with many organizations