



lumenus

Community Services

be seen. be heard. be well.

lumenus

Mental Health, Developmental & Community Services
Infants | Children | Youth | Individuals | Families

Table of Contents

| | |
|---|-----|
| Lumenus Community Services | 3 |
| Evidence-Based Autism services | 4 |
| What is the Ontario Autism Program (OAP)? | 5 |
| Fee For Service Program: ABA therapy for individuals (1:1) Group Readiness (3:2) Skills for Life (4:1) | 6-9 |
| Registration Process | 10 |
| Locations | 11 |
| Service Payment, Cancellation, Withdrawal and Refund | 12 |
| Contact Information | 13 |

Lumenus Community Services

Our journey began with the amalgamation of four legacy agencies. In April 2020, Adventure Place, The Etobicoke Children’s Centre, Griffin Centre and Skylark Children, Youth & Families became one. United as Lumenus, the commitment and expertise of each legacy agency remains and now a new, more seamless continuum of care and support is provided to existing and future clients.

THE LUMENUS MISSION

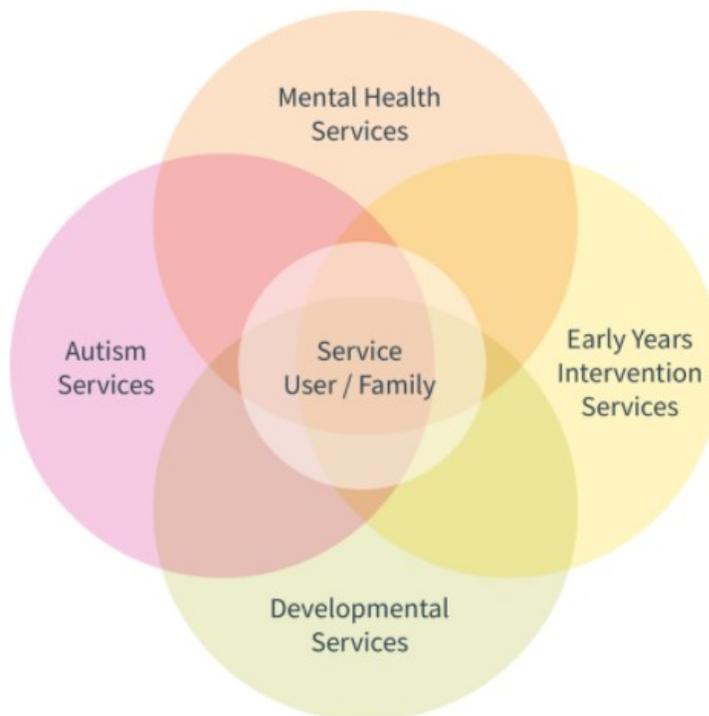
Create a seamless, integrated and guided network of mental health, developmental and community services to reduce systemic barriers, close gaps between services and programs regardless of origin and, as a direct result, ease access for all.

THE LUMENUS VISION

To ensure every infant, child, youth, individual and family in Toronto gets personalized guidance and the mental health, developmental and community services expertise they need to be seen, be heard and be well.

THE LUMENUS SERVICE MODEL

Lumenus offers a broad range of high quality mental health, developmental and community services for infants, children, youth, individuals and families across Toronto.



Evidence Based Autism Services

Lumenus provides a broad range of services that meets the individual needs of the child, youth and family. It includes a range of evidence-based services aimed to provide families with tools to support their child or youth and to participate in their ongoing learning and development.

The behaviour therapy provided by Lumenus is based on the principles of Applied Behaviour Analysis (ABA) and provided under the supervision of a Board Certified Behaviour Therapist (BCBA). Our staff are trained and skilled in providing effective, client-centered, long-lasting and impactful services.

What is Applied Behaviour Analysis (ABA)?

Applied Behaviour Analysis was first developed in the 1960s and is an evidence-based, scientific approach to teaching a wide range of new skills, developing a current skill or changing a behaviour that is maladaptive.

Why ABA?

ABA based therapy programs have been proven to be effective in improving skills in the areas of:

- Language and communication skills
- Social skills
- Fine motor and Gross motor skills
- Self-regulation, readiness and attending skills
- Daily living skills and personal independence
- Functional and adaptive behaviours

Applied Behaviour Analysis continues to be one of the most widely-recommended therapies to address learning through reinforcement and functional analysis. Lumenus takes pride in being able to offer ABA therapy as part of a client's treatment plan.

What is the Ontario Autism Program (OAP)?

In April 2019, the Ontario Ministry of Children, Community and Social Services (MCCSS) launched the Ontario Autism Program (OAP).

The OAP offers funding, services and support to the families of children and youth who have been diagnosed with autism spectrum disorder (ASD) by a qualified professional.

The latest information about the OAP can be found on the ministry website. If you have questions, our program staff are happy to help. Please contact us at:

416-744-7650 ext. 4262 or feeforservice@lumenus.ca

Lumenus is a qualified OAP service provider and is pleased to offer unique, client-centered, customized service plans for purchase using your OAP funding allocation or private funds. We will work with you to develop plans that meet the specific needs of your family.

Autism Fee for Service Program

Lumenus provides a range of ABA-based behaviour therapy for purchase based on the needs of the family and child/youth.

- ◇ ABA therapy for individuals (1:1)
- ◇ Group Readiness (3:2)
- ◇ Skills for Life (4:1)

Please note: A minimum number of participants is required for each program to run

If minimum enrollment is not met, every effort will be made to accommodate your child in another program

ABA therapy for individuals (1:1)

Ages: 2.5-6 years

- This program aims to target a number of skills in multiple areas including:
 - * Language/Communication skills
 - * Play skills
 - * Personal independence skills (e.g., dressing, toileting, feeding self, etc.)
 - * Self-regulation skills
 - * Transitioning between activities and spaces
 - * Learning Readiness skills (e.g., imitation, eye contact, etc.)
- Services are delivered in a 1:1 client to therapist ratio
- This program is offered from 9am-12pm or 1pm-4pm
- Families must choose a minimum of two 3-hour sessions per week for 12 weeks
- This program is available at the cost of \$85 per hour for a 12 week term

Autism Fee for Service Program

Group Readiness (3:2)

Ages: 2.5-7 years

- This program addresses the needs of preschool and school-aged children with autism to develop skills needed to be successful in small group environments, including:
 - * Language/Communication skills
 - * Social skills
 - * Classroom readiness skills like learning readiness, pre-academics and academics
 - * Personal independence skills (e.g., dressing, toileting, feeding self, etc.)
 - * Transitioning between activities and spaces
- Services are delivered in a 3:2 client to therapist ratio
- Some 1:1 breakout sessions may be included to target specific goals
- This program is offered six hours per day from 9am-3pm
- Families must choose to attend two days or three days per week for 12 weeks
- This program is available at the cost of \$68 per hour for a 12 week term

Autism Fee for Service Program

Skills for Life (4:1)

Ages: 4-11 years

- This program aims to strengthen skills in **one** of the following areas using age-appropriate themes:
 - * Language/Communication
 - * Social interactions
 - * Emotional/Self regulation
 - * Daily Living Skills
- Services delivered in a 4:1 client to therapist ratio
- This program is offered once or twice per week at two hours per session during evenings and/or Saturdays
- Families must commit to attend all sessions to obtain the full benefit of the program
- This program is available at the cost of \$56.50 per hour for a 12 week term

See below for a description of various Skills for Life programs offered

• Taking Things in Stride

This program is designed to help teach your child how to cope with challenging situations. Children will be taught how to identify emotions in themselves and in others and are given strategies to help them understand when they are feeling upset, angry, excited or sad. They are also taught relaxation techniques to help reduce reactions to stressful events.

• Fun with Friends

This program is based on the Children's Friendship Training curriculum (Frankle & Myatt, 2003), an evidence-based social skills intervention that focuses on expanding and developing friendships. Social skills addressed within the group include demonstrating good sportsmanship, practicing good behaviour during play dates and active listening.

• Social Skills

This program is geared towards teaching your child the skills needed to be successful in social situations at school, at home and in the community. Using evidence based ABA principles, your child will have the opportunity to practice turn-taking, self-regulation, teamwork, perspective taking and build social relationships.

Autism Fee for Service Program

See below for a description of various Skills for Life programs offered

- Can We Talk?

This program addresses the development of conversation skills including understanding social cues, personal space, learning how to initiate and maintain a conversation and turn taking.

Registration Process

To receive more information about the Autism Fee for Service program at Lumenus, or to register please contact:

Service Program Coordinator

416-744-7650, ext. 4262

feeforservice@lumenus.ca

Or visit the website: www.lumenus.ca

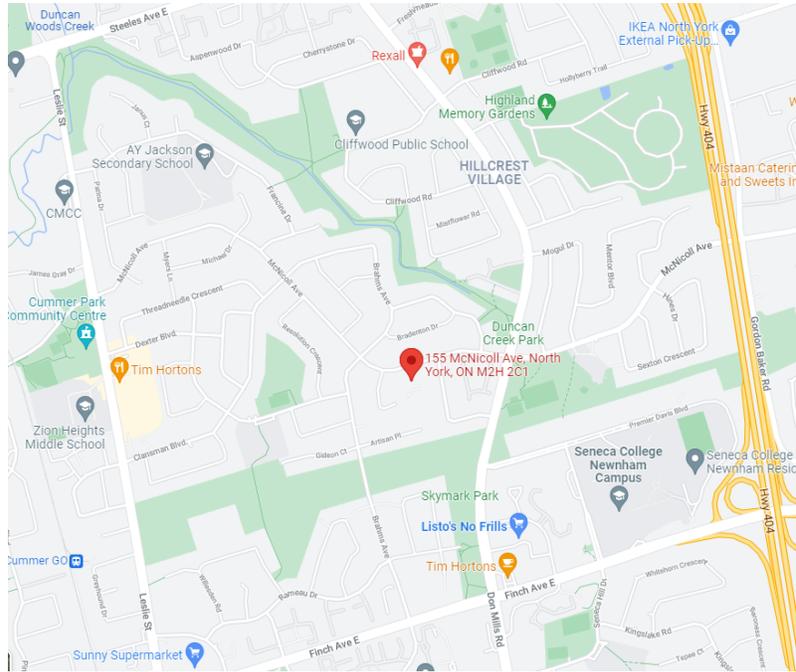
Families who express an interest in a Fee for Service program can expect the following next steps to determine program eligibility:

- ◇ Completion of an initial intake assessment over the phone which will include a parent/caregiver report of their child/youth's skills, needs and behaviours.
- ◇ On-site, in-person observation of the child/youth with members of the Autism Fee for Service team.
- ◇ If the family chooses to proceed with the registration, a further appointment will be arranged to go over the agency's policies, guidelines and to sign contracts and process payment.

Service Locations

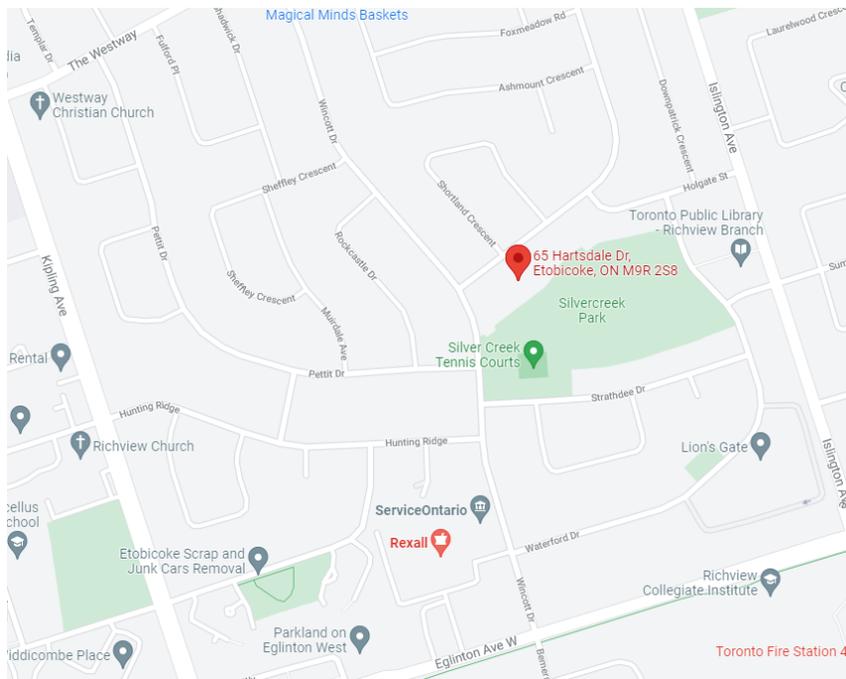
155 McNicoll Avenue, North York, Ontario, M2H 2C1

T: 416-744-7650



65 Hartsdale Drive, Etobicoke, Ontario, M9R 2S8

T: 416-240-1111



Service Payment, Cancellation, Withdrawal and Refund

Thank you for choosing Lumenus Community Services as your service provider!

Full payment for services must be received at least one month prior to the start of service. Alternate financial accommodations may be made on a case by case basis. Families understand that they are committing to paying for the full term of service (12 weeks).

Preferred method of payment is by e-transfer or cheque. Payment by credit card will require an appointment.

We understand that there may be times families are unable to continue their service commitment with us due to unforeseen circumstances. For effective planning purposes, Lumenus appreciates a 30 day notice of cancellation before the start of the service.

Families who choose to cancel their child's registration, for any reason, prior to the first day of service, or while in service, will receive a refund under the following terms:

| | |
|---------------------------|--|
| 30+ days notice | Full refund |
| 15-29 days notice | 50% refund less \$150 administration fee |
| Fewer than 14 days notice | No refund |

Please allow 3 to 4 weeks for processing of refunds

Missed Days of Therapy:

In the event that your child is late or unable to attend a therapy session due to illness or family demands, we regret that Lumenus does not provide make-up days.

Lumenus reserves the right to ensure the health and well-being of all participants. Participants will be sent home if there is infectious illness that may pose a risk to other staff and/or participants.

COVID-19 Credit Terms:

Refunds will be provided for missed therapy sessions if:

- Your child is sick due to COVID-19 or shows COVID-19 related symptoms
- Your child has tested positive for COVID-19
- Your family has to self-isolate due to exposure to COVID-19
- Our physical site is closed due to COVID-19

Agency Cancellation:

Should service be cancelled by Lumenus Community Services, participants will be notified as soon as possible. At the agency's discretion, attempts will be made to either hold a virtual session, provide a make-up session or refund the session.

Should service be cancelled due to low enrollment, efforts will be made, within reason, to help the participant enroll in a new service. If no program is found that is satisfactory to the family, a full refund will be provided.

Contacts

If you have any questions or comments, we would love to hear from you! Please contact us at:

Telephone: 416-744-7650 ext. 4262

Email: feeforservice@lumenus.ca

Or visit the website at www.lumenus.ca