

INFORMATION SHEET ON TELEPRACTICE SERVICES  
FOR PARENTS/GUARDIANS

Dear Parent(s)/Guardian(s):

During this time of social distancing due to COVID-19 health measures, the Early Abilities Preschool Speech-Language Program at Lumenus - Adventure Place Division is pleased to provide telepractice services (assessments and intervention) for you and your child.

The Benefits

Parents are urged to participate in telepractice services as:

- a) it has been proven to be an effective mode of service provision;
- b) early intervention is important, it is beneficial to you and your child to begin as services are available as opposed to postponing indefinitely; and
- c) working with you through telepractice will allow for promotion of learning in your child's natural environment.

Required Technology/Other

- Computer, tablet, or smartphone with camera and microphone.
- Internet connection.

\*\*For your protection, the following is recommended:

- Make sure your device's operating system has been updated to the most recent version.
  - Install Antivirus/Antimalware software.
  - Use a private internet connection that is password protected.
- Invitation to join Zoom session (a link will be provided by your clinician).  
If you enter the session using the meeting code instead of the link, a password will also be required (will be provided by your clinician).

To Prepare

1. Choose a space for the session – perhaps a room with a door.
2. Remove distractions from the room (for example, turn off the TV/radio).
3. Gather materials needed for the session:
  - toys/objects that your child is interested in
  - a book your child enjoys
  - a snack/drink for your child
  - any other items that you and the clinician have determined togetherPlace some toys in a clear container with a lid or a plastic zip-lock bag in preparation for the session.
4. Be sure that your child has had a washroom break/diaper change as needed prior to the session.
5. Be prepared for the session about 10 minutes beforehand.
6. Determine a good seating spot – on the floor for younger children, at a table for older children. Be sure to have the computer, tablet or smartphone positioned so that the clinician can see you and your child.

## Logging into Zoom:

- You will receive an email similar to the sample below:

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ABC is inviting you to a scheduled Zoom meeting.

Topic: Early Abilities Intervention Session

Time: Sep 17, 2020 02:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://lumenus-ca.zoom.us/j/88625849247?pwd=VytSN3lzbnZHR3R0ZG5CNmRIS0R6Zz09>

Meeting ID: 000 0000 0000

Passcode: ABCDE

One tap mobile

+16473744685,,88625849247# Canada

+16475580588,,88625849247# Canada

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

+1 204 272 7920 Canada

+1 438 809 7799 Canada

+1 587 328 1099 Canada

Meeting ID: 000 0000 0000

Find your local number: <https://lumenus-ca.zoom.us/u/kQC7138ak>

Please click on this link and follow the prompts to join the session.



**lumenus**  
Community Services

### Lumenus Community Services

[lumenus.ca](http://lumenus.ca)

Previously known as Adventure Place, The Etobicoke Children's Centre, Griffin Centre, and Skylark Children, Youth & Families.

- Once you join the meeting you will be placed into a waiting room. The clinician will admit you to the session from the waiting room. Please note - to help maintain confidentiality - when entering your name to join the meeting, please use your first name and the first letter of your last name only (e.g., Michael A).

## Trouble-shooting

If you have trouble with the technology:

- Ensure your microphone and camera are turned on.
- If you cannot see or hear the clinician, please contact them at the email or number provided to you in advance.

## Additional Resources for You and Your Child

1. [Toronto Public Health Early Abilities](#) has pulled together lots of different strategies for caregivers to use while playing and interacting with children to help support their language development. On this webpage, each strategy is described and many include videos that help to further demonstrate and explain the strategy.
2. [The Hanen Centre](#) (one of our Early Abilities partners) is an organization in Toronto that creates resources and parent/caregiver training programs to support children's communication development. On their website, under the tab "Helpful Info" you'll find articles, parent tips, research and other useful tools! As well, they also offer a [Hanen YouTube](#) site.
3. If your child is starting school in September, Early Abilities created a caregiver workshop called **Supporting Language Development as Children Start School**. It is now available online and we highly recommend you watch it! There is lots of information about language development and strategies that can be used as language continues to develop.
4. [Connectability.ca](#) is an incredible website. They have resources that can help you create visuals for your child (like the visual schedules clinicians use in intervention sessions or educators use in classrooms/daycares to show what activities are happening and will be coming next, supporting transitions), as well as lots of resources for communication development, behaviour management, ideas for creative games and circle time (which you can do at home!). On this website you are sure to find LOTS of ideas and supports.
5. [Scholastic](#) has a website with lots of ideas for learning at home, for all age groups including pre-kindergarten. We're hopeful this page can give you ideas for all the children in your house, no matter their age!
6. The [Toronto Public Library](#) has put together a list of ways you can use the library from home!
7. The EarlyON at Adventure Place will be releasing a weekly newsletter every Monday, starting March 30, 2020. In this newsletter you will find some suggestions for home-based activities etc.  
<http://adventureplace.ca/services/earlyyears/>

We hope that you find these resources helpful! We also hope that you and your family remain safe and healthy.